

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## anica louw

Has successfully participated & completed the

5km Adult Weekend Warrior Trail sponsored by Tru-Cape

held at Grabouw Country Club.

**TIME** 00:58:57

**PACE** 11:46/km

**OVERALL** 9 of 14

**GENDER** 6 of 10

40 - 49 1 of 1

11 May 2019, Sat

Date



BoutTime

Signature